We report on the deposition of nanostructured porphyrin-base, 5-(4-carboxyphenyl)-10,15,20-tris(4-phenoxyphenyl)porphyrin thin films by matrix assisted pulsed laser evaporation onto silicon substrates with screen-printed electrodes. AFM investigations have shown that at 400 mJ/cm² fluence a topographical transition takes place from the platelet-like stacking porphyrin-based nanostructures in a perpendicular arrangement to a quasi-parallel one both relative to the substrate surface. Raman spectroscopy has shown that the chemical structure of the deposited thin films is preserved for fluences within the range of 200–300 mJ/cm². Cyclic voltammograms have demonstrated that the free porphyrin is appropriate as a single mediator for glucose in a specific case of screen-printed electrodes, suggesting potential for designing a new class of biosensors.

1. Introduction

Porphyrins are tetrapyrrolic systems whose derivatives are interesting for potential applications in chemistry, biology and medicine. They can be used as photosensitizers for photodynamic therapy [1,2], DNA binding and cleavage [3], and as catalysts for oxidation and reduction chemical reactions [4,5]. However, one of the most prominent applications of porphyrin derivatives is in the sensors field. Porphyrins have been proposed for various types of sensors with signal transduction based on vibration, fluorescence and electrical resistance and/or capacitance. Ref. [6] reviews the use of modified porphyrins with quartz microbalances demonstrating a broad selectivity. Resistive–capacitive sensors based on porphyrin derivatives have been tested and proven functional as temperature, humidity, and illumination sensors [7]. A sensor based on the variation of fluorescent properties of lipophilic porphyrins and metalloporphyrins was efficient in detecting Hg²⁺ in water [8]. When used as the sensing receptor in a sensor, porphyrin is usually deposited as a thin film. The most common techniques used for synthesis of such films are spin coating [9,10], sol–gel [11], Langmuir–Blodget [12] and electropolymerization [13]. Matrix assisted pulsed laser evaporation (MAPLE), a method based on the laser ablation of organic materials from a composite frozen target [14,15] has been used to fabricate metalloporphyrin (Co-, Mn-, and Zn-porphyrin) thin films [16,17]. In this work, we have applied MAPLE method to test availability of free-porphyrin structure, namely 5-(4-carboxyphenyl)-10,15,20-tris(4-phenoxyphenyl)-porphyrin, as thin film on screen-printed electrodes (SPE) as a free enzyme glucose amperometric sensors with a large range of detection.

2. Experimental

2.1. Materials

In this work, we used a mixed substituted A3B porphyrin, namely 5-(4-carboxyphenyl)-10,15,20-tris(4-phenoxyphenyl)-porphyrin (CPPPOPP) (Fig. 1). It was obtained based on previously reported methods [18,19] by condensing a mixture of pyrrole and two appropriately substituted benzaldehyde, 4-carboxymethylbenzaldehyde and 4-phenoxybenzaldehyde, in a particular ratio of 1/3. The methyl ester was hydrolyzed in basic condition followed by neutralization with diluted HCl [20].
Solutions consisting of 1% CPPOPP in chloroform were prepared and tested. All target solutions were poured into a pre-cooled target holder at 173 K and subsequently immersed in liquid nitrogen for 30 min.

Electrolyte support for cyclic voltammetry was phosphate buffer solution (PBS) with pH 7.4. The screen printed electrodes used were based on carbon paste (SPE-110, model DropSense 110) consisting of three electrodes in a planar geometry: (1) a working electrode (WE) that consists of a central carbon paste disc with 0.125 cm² area; (2) an auxiliary carbon paste ring electrode (counter) placed at 1 mm distance from WE; and (3) an Ag ring pseudoreference electrode. The solution composition ranged from 0.5 mM to 8 mM glucose in PBS. The glucose concentration used in our experiments has covered the range from hypoglycemia (<4 mM) to hyperglycemia (>7 mM).

2.2. MAPLE experiment

Thin films were fabricated by MAPLE and drop-casting. All MAPLE depositions were conducted using a KrF* (λ=248 nm, τFWHM = 25 ns, pulse repetition rate = 10 Hz) laser which was operated at a fluence within the range 200–500 mJ/cm², and for 10,000–20,000 pulses. The laser spot area was set at 10 mm². The target was rotated at a rate of 0.4 Hz during deposition and the laser beam scanned the entire target surface at an angle of 45°. All MAPLE experiments have been conducted at a base pressure of 30–40 Pa. The substrate-to-target distance was 4 cm. The target was maintained at a temperature of ~173 K by active liquid nitrogen cooling. The thin films were deposited onto one-side polished Si(100) wafers for Raman and AFM measurements, and carbon paste screen-printed electrodes for cyclic voltammetry. All substrates were ultrasonically cleaned prior to deposition by immersion in ethanol, and then dried in air under UV exposure from a VL-115UV lamp.

2.3. Thin films characterization

CPPOPP-porphyrin thin films were characterized by Raman spectroscopy, AFM and cyclic voltammetry. Raman spectra were recorded by Jasco NRS 3100 apparatus with dual laser beams, 532 and 785 nm, respectively. AFM micrographs were registered by Integrated Platform SPM-NTegra model Prima in semi-contact mode, error mode and phase contrast. Cyclic voltammetry tests were performed with a Voltalb 40 system (Radiometer Analytical) adapted for screen-printed electrodes (SPEs). Both electro-oxidation and reduction potentials have been recorded within the range (~500–500) mV with 100 mV/s scan rate. Normal working conditions of temperature and pressure (25 °C and 1 atm) were kept during all experiments.

3. Results and discussion

3.1. AFM investigations

Typical AFM micrographs of CPPOPP thin films obtained by MAPLE at the laser beam fluence of 200 mJ/cm² (a), 300 mJ/cm² (b), 400 mJ/cm² (c), and 500 mJ/cm² (d) are given in Fig. 2. Each inset describes morphological type in detail by edge detection with ImageJ program [21]. At small fluences (200 and 300 mJ/cm², insets of Figs. 2a and b), the surface mainly consists of small droplets in platelet-like stacking porphyrin-based nanostructures in perpendicular arrangement onto the substrate surface. At higher fluence
of 400 mJ/cm$^2$ (inset of Fig. 2c), the porphyrin becomes randomly distributed with platelet-like stacking that is not well-defined. At fluence of 500 mJ/cm$^2$, the platelet-like stacking surface structures seem re-arranged in a quasi-parallel related to the substrate surface (see inset of Fig. 2d). It appears that at 400 mJ/cm$^2$ fluence a topographical transition takes place from the platelet-like stacking porphyrin-based nanostructures in a perpendicular arrangement to a quasi-parallel one both relative to the substrate surface.

From Fig. 2, we inferred that the thickness has reached 200 nm for 200 mJ/cm$^2$ fluence and 400 nm for 300 mJ/cm$^2$ laser fluence, respectively (both cases corresponding to perpendicular orientation). For thin films deposited at 400 mJ/cm$^2$ laser fluence the thickness was 400 nm, while for 500 mJ/cm$^2$ fluence the thickness was 800 nm.

3.2. Raman spectroscopy

Raman spectra of CPPOPP compound drop-cast (a) and MAPLE-deposited thin films at 200 mJ/cm$^2$ (b), 300 mJ/cm$^2$ (c), 400 mJ/cm$^2$ (d), and 500 mJ/cm$^2$ (e), are shown in Fig. 3. The typical group fingerprints Raman bands between 1000 and 1600 cm$^{-1}$ consistent with CPPOPP complex structure are assigned to porphyrin skeleton and phenyl groups. Both Raman spectral bands data and corresponding assignments are summarized in Table 1. These data are in accordance with those given in Ref [22]. The porphyrin skeleton bands (symbol “S” in Fig. 3) exhibit small shifts in wavelength due to the fact that the perpendicular stacking of the porphyrinic skeleton is more appropriate in order to expose the functional groups (phenyl and carboxyl, see Fig. 1), the optimum fluence value was set at 300 mJ/cm$^2$. In addition, the phenyl group is inert to the analytes (e.g., glucose) and, thus, the only available reactive groups remain external COOH group or the two internal NH groups that work as proton donors. In this respect, the porphyrin works as only one-way electron–proton transfer in a redox reaction (in our case, hydrogen atom transfer). In order to investigate this assumption, the cyclic voltammetry was applied on the MAPLE-deposited CPPOPP films for 300 mJ/cm$^2$ fluence.

3.3. Cyclic voltammetry

Cyclic voltammetry is useful for rapid identification of analytes from blood samples and diagnostic of interaction analyte–substrate and oxidation–reduction reaction occurring with electron transfer [23]. A simple current–voltage scan at a given scan rate in a three electrode–micro-electrochemical cell such as SPE allows for simple tests that identify both the oxidation–reduction potential and the current density. The underlying principle to design the prototype of a biosensor consists of checking the substrate capability as a good mediator for an appropriate reaction. The most investigated biosensor relies on the rapid blood glucose measurements based on glucose-oxidase and different mediators such as ferrocene [24] or dye such as Prussian blue [25], and semiconducting polymers [26]. The glucose oxidase is unstable and need protection against environment condition, also mediators induce deterioration in amperometric sensors based on glucose-oxidase electrode. The research is currently oriented to simple mediator and substrate with redox properties.

Porphyrin can convert glucose to gluconolactone during the oxidation reaction performed in a buffer solution. The electrochemical response of MAPLE-deposited CPPOPP-porphyrin thin films on SPE to glucose is shown in (Fig. 4).

Cyclic voltamograms (Fig. 4a) indicate a specific electrochemical activity in PBS with an oxidation potential at 30 mV shifting the equilibrium to acidic pH (otherwise not observed in other reports with different mediators and glucose-oxidase [24,25]). This proves that the porphyrin has an electrochemical activity related to glucose oxidation. For PBS-glucose solutions the oxidation potential shifts to 50–60 mV (slightly dependent on concentration) and peak current density has a quasi-linear dependence vs. concentration (Fig. 4b). It is known that the electro-oxidation and reduction states are well defined in acidic media [27]. Usually, perchloric acid (as proton donor for acylation of glucose) is added in buffer solution [28]. In the presence of the proton donor (the perchloric acid), the glucose converts to various forms of gluconate radicals with a specific electrochemical response.

In our case, the proton donor is mediated also by porphyrins in a secondary reaction of oxidation of the water in the buffer solution as seen in Fig. 4a (PBS curve). In general, the biosensors based on glucose-oxidase–mediators in buffer solutions with perchloric acid as support electrolyte have the oxidation potential $\sim$300 mV vs. standard calomel electrode (SCE). In this work, the electro-oxidation potential ranges at 50–60 mV vs. pseudo reference electrode. Therefore, the porphyrins decrease the high activation energy to mediate an electro-oxidation reaction due to the high capacity to donate protons. In Fig. 4b, the peak of

### Table 1

<table>
<thead>
<tr>
<th>Band (cm$^{-1}$)</th>
<th>Assigned band</th>
<th>Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>1580–1620</td>
<td>Phenyl</td>
<td>Phenyl rings</td>
</tr>
<tr>
<td>1559</td>
<td>$\nu$(C=O) asym</td>
<td>Porphyrin ring-skeleton</td>
</tr>
<tr>
<td>1501</td>
<td>$\nu$(C=O)</td>
<td>Pyrrole-skeleton</td>
</tr>
<tr>
<td>1460</td>
<td>$\nu$(C=C) sym</td>
<td>Porphyrin ring</td>
</tr>
<tr>
<td>1334</td>
<td>$\nu$(pyr half-ring) sym</td>
<td>Pyrrole-skeleton</td>
</tr>
<tr>
<td>1242</td>
<td>$\delta$(C–H) asym</td>
<td>Pyrrole-skeleton</td>
</tr>
<tr>
<td>1142</td>
<td>N–H bend $\nu$(C–N) asym</td>
<td>Pyrrole-skeleton</td>
</tr>
<tr>
<td>1094</td>
<td>$\delta$(C–H) sym</td>
<td>Pyrrole-skeleton</td>
</tr>
<tr>
<td>1020</td>
<td>$\nu$(pyr breath)</td>
<td>Skeleton</td>
</tr>
<tr>
<td>1008</td>
<td>Phenyl + $\nu$(pyr half-ring) asym</td>
<td>Phenol + skeleton</td>
</tr>
<tr>
<td>970</td>
<td>$\nu$(pyr half-ring) asym + phenyl</td>
<td>Skeleton</td>
</tr>
<tr>
<td>827</td>
<td>$\delta$(pyr def) asym</td>
<td>Pyrrole-skeleton</td>
</tr>
</tbody>
</table>

$\nu$ = stretching, $\delta$ = deformation.
Fig. 4. Typical cyclic voltammograms of MAPLE-deposited CPPOPP thin films on SPE-110 at 300 mJ/cm² laser fluence in case of 0.5 mM, 1 mM, 3 mM, and 7 mM glucose concentrations in PBS: (a) Current density vs. potential for PBS and PBS and glucose vs. Ag-pseudoreference electrode (equivalent with Ag/AgCl), and (b) Peak current density vs. concentration in the range 0.5–8 mM glucose concentration.

current densities recorded vs. concentration has a large response for glucose covering hypo- and hyper-glycemic area.

4. Conclusions

We have demonstrated that MAPLE technique is suitable for the immobilization of functionalized porphyrin, CPPOPP thin films. AFM investigations have shown that thin films have a quasi-continuous morphology dependent on incident laser fluence. Raman spectroscopy investigations have confirmed that the chemical structure of MAPLE-deposited thin films is preserved for laser fluence values of 200–300 mJ/cm². Cyclic voltammograms have demonstrated that the free porphyrin is appropriate as a single mediator for glucose in the specific case of carbon paste screen-printed electrodes, suggesting free enzymatic biosensors design using porphyrins only.

Acknowledgments

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References